

The Dutch RSI Association was set up in 1995 and currently has almost 3000 members. It is run almost exclusively by RSI sufferers, as a non-profit organisation, with the aim of helping others with RSI. It is partly thanks to our efforts that the condition is now taken seriously as a work hazard.

What do we do? The association provides information in the form of a regularly updated website, a quarterly newsletter, an information kit and conferences. Advice and support can be obtained by calling the telephone helpline or attending one of the small-scale, informal drop-in meetings held on a regular basis throughout the country. We keep our members abreast of the latest developments, represent their interests and encourage research. We maintain a large network of contacts who share the same aim such as employers, schools, universities and the government. We also regularly exchange information with professionals who deal with RSI such as doctors, occupational therapists, physiotherapists and lawyers.

The association considers prevention to be important. To this end we spread awareness of RSI via the media, by publishing leaflets, giving talks and attending various trade fairs and conferences. Prevention is aimed at all known risk categories including those who work with computers, hairdressers, musicians, factory workers, checkout workers and many more.